

VOLUNTEER PRINCE GEORGE

NEWSLETTER JUNE 2024

Celebrating Progress and Looking Ahead with Volunteer Prince George!

It has been a while since our last update, and we want to extend our sincerest apologies for our absence. Just like 2023, 2024 has been a year of significant growth and exciting developments for Volunteer Prince George.

Reflecting on our journey so far, we are thrilled to share our achievements with you and express our heartfelt gratitude to everyone who has supported us along the way. We've had the privilege of organizing numerous enriching events that have not only united our community but have also sparked a renewed interest in volunteering. This surge in enthusiasm has enabled us to strengthen our memberships and expand our resources, thereby increasing our impact on Prince George.

We are especially grateful to our generous funders, The BC Community Gaming Commission and The Vancouver Foundation, whose support has been instrumental in driving our initiatives forward and empowering us to foster volunteerism in our community.

As mentioned in our previous newsletter, the addition of a Program Facilitator has been transformative for us. With improved engagement and communication, we have received positive feedback on our efforts thus far.

As we continue to grow and evolve, we invite you to join us on this journey. Whether you are a seasoned volunteer or someone considering making a difference for the first time, there are countless opportunities for you to get involved and contribute to our shared success.

To learn more about how you can become part of Volunteer Prince George, please visit our website at www.volunteerpg.com. Together, let's continue to build a stronger and more vibrant community through the power of volunteering.

Thank you for your ongoing support and commitment to making a difference with us.

Message from Alina – Program Facilitator



Hi everyone! My name is Alina and I'm the new Program Facilitator for Volunteer Prince George. I moved from Kenya to Canada at the age of 18 to pursue my Bachelor's Degree and am currently studying Global and International Studies at The University of Northern British Columbia (UNBC). I love helping seniors and children through volunteering. I try to stay positive and believe that small acts of kindness can make a big difference. In my free time, I enjoy nature walks and relaxing with my friends. My journey from Kenya to Canada and my dedication to helping others show how studying international studies, collaborating with non-profits, and practicing kindness can change lives for the better, fostering critical thinking and problem-solving skills crucial for addressing global challenges.

Feel free to contact me at facilitator@volunteerpg.com or 250-564-0224.



Volunteer BC Community Connections

VolunteerBC has shared resources with the public, offering tips on how to begin volunteering. Here are five simple ways to get started. [Click here](#)

Volunteer Listing Directory

Are you current with our volunteer opportunities? [Click here](#) to stay informed and find the best volunteer opportunity for you.



Member Spotlights

This edition is featuring the following members!

JA British Columbia, NatureKids BC, Provincial Health Services Authority, Prince George Symphony Orchestra



Join [JA British Columbia](#) (JABC), a Nobel Peace Prize-nominated nonprofit, inspiring BC students with hands-on education in work readiness, financial health, and entrepreneurship.

Facilitate engaging programs in grades 4-12, transforming young lives through interactive sessions. They provide materials; you bring real-world stories. Enhance your skills in public speaking and mentoring while making a lasting impact.

No prior business experience required, just a passion for mentoring and good communication skills. Register now to volunteer with JABC and join our community of impact-makers!

Contact Tam Dinh at t.dinh@jabc.org for more information.

Join [NatureKids BC](#)'s Prince George club as a volunteer co-club leader! Help organize Explorer Days, outdoor field trips for kids and families, and inspire a love for nature.

No expertise needed—just a passion for nature and organizing events.

Flexible schedule, about 10 hours/month commitment.

If you are interested in learning more, please reach out to Katelyn at coordinator@naturekids.bc.ca





Provincial Health Services Authority

Volunteer with the [Provincial Disaster Psychosocial \(DPS\)](#) Volunteer Network to provide emotional support in BC communities affected by disasters.

Gain disaster response experience, build connections, and earn professional development credits with guidance and training from the DPS Team at Provincial Health Services Authority (PHSA).

Help evacuees, emergency workers, and volunteers with psychological first aid, giving back to communities in need.

Please ensure you meet their requirements: *equivalent to a Bachelor's degree in a related field and five years of recent experience in social work, mental health, counselling, crisis response, or a similar profession.*

Contact Ryan Good at dpsprogram@phsa.ca or 1-604-319-0196 for more information!

[The Prince George Symphony Orchestra](#) has been a part of the community for over 50 years!

They are always looking for volunteers to fill various roles at our events.

These include ticket taking, concession sales, set-up/tear-down crew, and more (Dates are on the [PGSO Facebook Page](#)).

If you are interested in volunteering, please contact Operations Manager, Kayleigh Francis at kayleigh@pgso.com for more information. You can also visit the office at 2880-15th Avenue, or give them a call at 250-562-0800.



Volunteer Prince George Upcoming Events

VPG will be tabling at the following events in July and August 2024
(In case of any changes or updates, we will ensure to update our website, social media platforms, and send out emails accordingly)

Canada Day → 1st July 2024, 11:00 AM – 06:00 PM

Lheidli T'enneh Memorial Park

Two Rivers BMO Community Art Days → 12th & 13th July 2024, 10:00 AM – 03:00 PM

Canada Games Plaza

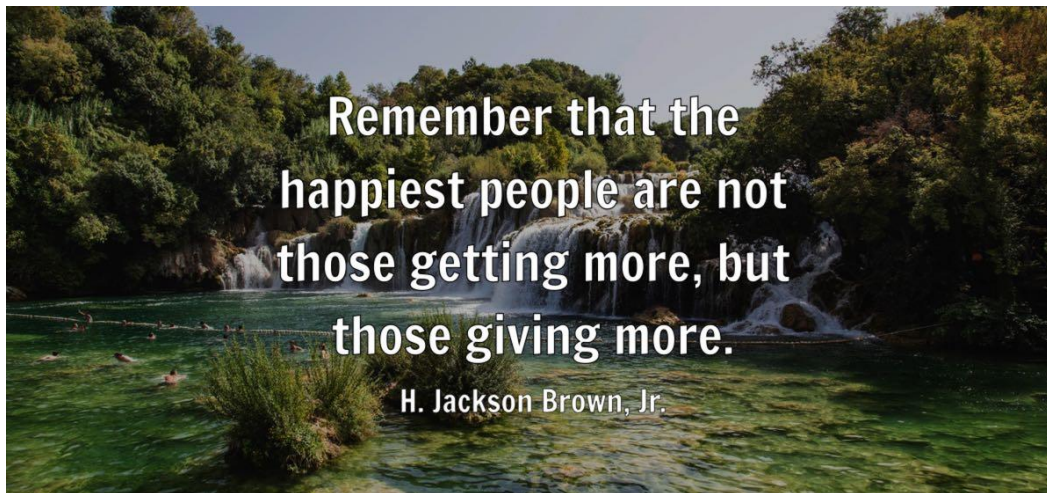
Downtown Summerfest → 20th July 2024, 11:00 AM – 04:00 PM

Veterans Plaza – City Hall

BCNE Seniors Day Fair → 15th August 2024, 09:00 AM – 05:00 PM

CN Centre

Volunteer Quote



Send us your favourite volunteer quote and we will be sure to include it in future editions.



Thank you for the work you do to help our community!

On behalf of the board of directors, volunteers, and staff at Volunteer Prince George, we wish you and your families a safe, healthy, and happy rest of your day!

Enjoy the remainder of your summer and stay cool!